

# START-UPS

## LOBSTER AND CRAB DIP ..... \$8.49

A mixture of cream cheese, lobster, crabmeat, mushrooms, peppers and onions. Oven-baked until bubbling with crisp nacho chips and warm pita bread triangles.

## APPETIZER HOUSE SALAD ..... \$3.67

## APPETIZER CAESAR ..... \$3.96

## JACK'S FEATURED SOUPS ..... \$3.79

Made in-house. Ask for today's choice.

## ROASTED GARLIC BRUSCHETTA ..... \$6.99

Chopped roma tomatoes, red onion, roasted garlic, balsamic vinegar and basil, served on fresh-baked Italian bread brushed with extra virgin olive oil. Topped with fresh basil, Feta and Parmesan cheeses.

## CHILI-BEEF NACHOS ..... \$9.49

Crispy corn tortillas layered with tomatoes, onions, jalapeños, bell peppers, green onions and bubbling Mozzarella, Monterey and Cheddar cheeses. Topped with ground beef chili. Sour cream and salsa on the side.

## JACK'S GOLDEN CALAMARI ..... \$7.47

Marinated calamari breaded to order. Cooked golden-brown and served with fresh lemon, roasted garlic lemon aioli and our spicy cocktail sauce.

## CHICKEN WINGS

1 lb ..... \$7.97

2 lbs ..... \$13.84

Jumbo wings, flour-dusted and tossed in your choice of wing sauce. Served with carrot and celery sticks and dipping sauce. Wing sauce choices: Mild, Medium, Hot, Spicy Asian Glaze or BBQ.

## GRILLED CHICKEN

### QUESADILLA ..... \$8.29

Grilled chicken, Pico de Gallo and lots of melted Monterey Jack cheese in toasted flour tortillas. Served with salsa and sour cream.

## BANGKOK

### SPRING ROLLS ..... \$7.99

Crisp golden-brown spring rolls filled with vegetables and sesame seeds. Served with a Thai sweet and sour sauce.

### CHICKEN BAJA TACOS .... \$7.96

Three grilled soft shell tacos with shredded Napa cabbage, Monterey cheese, green onions, red peppers, fresh avocado, cilantro and lime with a smokey chipotle aioli.

## CHEESE FRIES ..... \$6.86

A heaping pile of crispy fries smothered with four cheeses and bacon, served with a side of ranch dressing.

## PAN-ASIAN

### DUMPLINGS ..... \$7.47

Chicken dumplings, steamed and served with bean sprouts, red peppers and green onions. Topped with a Pan-Asian sauce and toasted sesame seeds.

### JACK'S SAMPLER ..... \$11.99

Share three of our signature appetizers. Chicken Wings, Chicken Fingers and Bangkok Spring Rolls, served with three dipping sauces (Ranch, Honey Mustard and Sweet and Sour Sauce).

# GET A Leaf

## CAESAR SALAD ..... \$6.94

Crisp romaine lettuce and tossed in Caesar dressing. Topped with shaved Parmesan cheese.

### Add Asiago-crusted Chicken ..... \$2.50

## JACK'S GREEK SALAD ..... \$7.49

A Greek salad with fresh romaine lettuce, tomatoes, cucumbers, kalamata olives, red onion and crumbled Feta cheese.

### Add Chicken ..... \$2.50

## GOAT CHEESE SALAD ..... \$9.45

Warm cashew crusted goat cheese, served over assorted greens, avocados and mandarin oranges and tossed in a raspberry vinaigrette.

## KEY WEST SALAD ..... \$9.99

Baked marinated chicken breast served on assorted greens tossed in a fresh balsamic-basil vinaigrette. Topped with fresh avocado, cherry tomatoes, mandarin orange segments, red peppers, green and red onions and toasted cashews.

## CALIFORNIA GRILLED CHICKEN SALAD ..... \$9.29

A marinated and grilled chicken breast tossed with seven different greens in a balsamic dressing with hothouse tomatoes. Garnished with toasted pine nuts and balsamic drizzle.

## BUFFALO CHICKEN TENDERS SALAD ..... \$9.44

Assorted greens, tomatoes and cucumbers topped with our fresh-never-frozen chicken tenders, tossed in medium Buffalo sauce. Served with our creamy ranch dressing.

# BETWEEN THE BUNS

## BURGERS

ALL OF JACK'S BURGERS ARE MADE WITH LIGHTLY SEASONED FRESH ANGUS BEEF. SERVED ON A GRILLED, BUTTERED SESAME SEED KAISER WITH LETTUCE, ONION, TOMATO, MAYO, AND PICKLE.

ALL BURGERS AND SANDWICHES COME WITH YOUR CHOICE OF FRIES OR HOUSE SALAD. SUBSTITUTE A CAESAR SALAD FOR 99¢.

### JACK'S ANGUS BURGER ... \$6.99

Jack Astor's presents the Angus. We're talking half a pound of fresh Angus beef, deliciously seasoned and prepared just the way you like it.

### THE CHEEZY ..... \$7.91

The only way to improve on the Angus is to add your choice of delicious Cheddar, Swiss, smoked Mozzarella, Monterey or American cheese.

## DELUXE BACON

### CHEESEBURGER ..... \$8.47

Cheddar cheese topped with two slices of hickory-smoked bacon.

## SMOKEY JACK'S

### BURGER ..... \$8.47

Smoked Mozzarella, hickory-smoked bacon and a stack of crisp onion straws.

## SEÑOR JACK'S

### JALAPEÑO BURGER ..... \$8.47

Jalapeño Monterey Jack cheese, jalapeño bacon, jalapeño zucchini relish and chili hot sauce.

### TURKEY BURGER ..... \$6.99

Seasoned lean ground turkey on a whole wheat bun with onion, lettuce and tomato. Served with Jack's famous fries, and Thousand Island dressing.



## SANDWICHES

### CLUB SANDWICH ..... \$8.44

Grilled boneless chicken breast with hickory-smoked bacon, lettuce, tomato and chipotle mayo on toasted bread.

## BUFFALO CHICKEN

### WRAP ..... \$7.29

Our fresh, crisp chicken tenders tossed in medium Buffalo sauce and rolled with lettuce, tomato, Cheddar and Monterey Jack cheese, and Blue cheese dressing in an herb wrap.

## CAJUN CHICKEN

### SANDWICH ..... \$7.98

Boneless chicken breast grilled and blackened with Cajun spices. Served with mayo, lettuce, pickle, red onion, tomato and guacamole.

### CHICKEN PANINI ..... \$8.38

Grilled herb chicken breast, fresh tomato, Provolone cheese and bacon. Served with a spicy garlic aioli on grilled Panini bread.

### ITALIANO PANINI ..... \$8.38

Ham Capicola, Salami and Pepperoni, sliced thin with pesto mayonnaise, spinach, roasted red peppers and Mozzarella cheese on grilled panini bread.

## PHILLY CHEESE STEAK

### SANDWICH ..... \$8.99

Classic Philly with thinly sliced USDA Sirloin, served on a freshly-baked roll with sautéed onions, mushrooms, peppers and melted Provolone cheese. Try it Buffalo style.

# fresh-never-frozen

## CHICKEN TENDERS . . . . \$9.47

It's a Jack's classic. Fresh chicken tenders, marinated, seasoned and breaded in-house to order. Served with fries and dipping sauce.

### TRY ONE OF OUR TASTY SAUCES:

Mild, Medium or Hot Buffalo wing sauce.

### NEW SAUCES:

Teriyaki, Spicy Asian Glaze and BBQ.

# MEAT N' GREET

## GRILLED MEATLOAF . . . . . \$9.93

Served on garlic mashed potatoes, smothered in mushroom gravy and topped with crispy onion straws. Served with Jack's seasonal vegetables.

## JACK'S CHOICE SIRLOIN STEAK . . . . . \$14.48

An 8 oz. USDA Choice Sirloin, rubbed with seasonings then grilled to order and butter brushed. Served with a choice of your two Jack's sides.



## BUTTER-BRUSHED NEW YORK STEAK . . . . \$17.46

A 12 oz. in-house carved USDA Choice Striploin rubbed with seasonings and butter-brushed. Served with a choice of your two Jack's sides.

## JACK'S CHICAGO FAVORITE STEAK . . . . . \$17.98

A 12 oz. in-house carved USDA Choice Striploin rubbed with seasonings and topped with sautéed button mushrooms. Served with a choice of your two Jack's sides.

## SMOKEY BABY BACK RIBS      Half Rack . . . \$12.96 Full Rack . . . \$16.96

Over one pound of mouth-watering, fall-off-the-bone BBQ pork baby back ribs. Served with baked beans, cole slaw and honey cornbread.

## NICOLE'S POT ROAST . . . . . \$11.35

Fresh tender-braised beef, garlic mashed potatoes, carrots, celery and onions in rich beef gravy. Served with honey cornbread.

# WOK THE WOK

## PAD THAI . . . . . \$9.47

With Chicken . . . \$11.47

With Shrimp . . . \$11.47

Thailand's most famous rice noodles with bean sprouts, fried egg, green onions and a sweet and sour tamarind sauce. Topped with green onions, red peppers and crushed peanuts.

## CHICKEN STIR-FRY . . . . . \$11.47

Grilled chicken, peppers, onions, zucchini and carrots in a stir-fry sauce. Served with jasmine rice and topped with bean sprouts, green onions, red peppers and crushed peanuts.

## CRISPY HONEY

## SESAME CHICKEN . . . . . \$11.97

Crispy chicken, carrots and snow peas, tossed in a Thai-honey sauce. Served with jasmine rice and garnished with toasted sesame seeds, bean sprouts, green onions and red peppers.

# PIZZA

## GREEK CHICKEN . . . . . \$9.47

Jack's Signature Greek sauce, grilled chicken, Mozzarella and Asiago cheese, Kalamata olives and red onion, topped with fresh diced tomatoes and Feta cheese.

## BBQ CHICKEN . . . . . \$9.47

BBQ sauce, marinated grilled chicken, roasted red peppers, red onion, Mozzarella and Parmesan cheese.

## THREE MEAT . . . . . \$9.47

Jack's pizza sauce, Mozzarella, pepperoni, andouille sausage and Italian sausage.

## THREE CHEESE AND SPINACH . . . . . \$9.47

Creamy cheese sauce, baby spinach, sundried tomatoes, Mozzarella, Asiago and Goat cheese.

# old FAITHFULS

## PENNE BOLOGNAISE . . . . . \$9.95

Penne pasta, tossed in Jack's home-made tomato sauce, mixed with a hearty portion of Angus beef, basil and fresh Parmesan cheese.



## CHICKEN PARMIGIANA . . . . . \$11.43

Fresh chicken breast lightly breaded, topped with smoked Mozzarella cheese and served with fettuccine. Topped with a roasted garlic-basil tomato sauce.

## THREE-PEPPERCORN GRILLED CHICKEN PENNE . . . . . \$11.43

Penne pasta tossed with fresh garlic and peppercorn sauce, topped with herb-grilled chicken and bacon.

## PARMESAN CHICKEN BOWTIES . . . . . \$11.43

Grilled chicken breast with an Asiago cheese crust. Served on bowtie pasta tossed in a creamy cheese sauce with sun-dried tomatoes.

## CHICKEN FRIED CHICKEN . . . . . \$11.43

Fresh chicken breast, dipped in buttermilk, lightly breaded and fried and smothered in chicken gravy. Served with Jack's seasonal vegetables, garlic mashed potatoes and honey cornbread.

## BEER-BATTERED FISH AND CHIPS . . . . . \$10.46

An old-fashioned English recipe. White fish fillets dipped in a crunchy beer batter. Served with tartar sauce made from scratch, fresh lemon and fries. Malt vinegar highly recommended!

## GRILLED LEMON-PEPPER SALMON . . . . . \$13.83

Fresh salmon fillet, rubbed with lemon-pepper seasoning. Grilled and topped with tangy lemon-caper butter and served with a choice of two Jack's sides.

## JAMBALAYA . . . . . \$13.47

Roasted chicken strips, shrimp and andouille sausage dusted in Cajun spices and served over Creole rice.

## JACK'S BELLA SEAFOOD LINGUINI . . . . . \$12.99

Tender scallops and shrimp simmered in a zesty cream sauce with a hint of Cajun spices, roasted peppers and spinach. Sautéed with linguini.



# JACK'S FAJITAS

JACK'S FAJITAS ARE SERVED WITH SOUR CREAM, SALSA, MIXED CHEESES AND WARM FLOUR TORTILLAS. CHOOSE ORIGINAL, CAJUN, SMOKEY BBQ OR SPICY JALAPEÑO.

## JACK'S STEAK or CHICKEN FAJITAS . . . . . \$12.28

A sizzling skillet of grilled steak or chicken and vegetables.

## ULTIMATE FAJITAS . . . . . \$12.28

The best of both worlds! A mix of grilled steak, grilled chicken and vegetables.

# ADD TO YOUR ENTREE\*

HOUSE SALAD OR  
CAESAR SALAD FOR ONLY

\$1.59

\* NOT AVAILABLE WHEN  
ORDERING A LUNCH COMBO.





# What Makes Us the Best?

Thanks to you, Jack Astor's Cary has been recognized with several Best-of-the-West Awards in *Cary Magazine*.

- ★ 2007 Best Place to Watch the Big Game
- ★ 2007 Best Lunch
- ★ 2007 Best Waitstaff
- ★ 2007 Best Outdoor Dining
- ★ 2008 Best Outdoor Dining (just announced!)

We would like to recognize you with an award:  
(Drum roll, please...)

★ **BEST GUESTS IN CARY!**

## FREE PAN BREAD!

Start your experience with a Jack's Pan Bread on us.

Served after 4:00 pm Monday thru Friday and all day Saturday and Sunday.

## ACCESSORIZE YOUR MEAL

### A.K.A. JACK'S SIDES

|  |        |
|--|--------|
| JACK'S FAMOUS FRIES .....  | \$2.77 |
| GARLIC MASHED POTATOES .....                                     | \$1.96 |
| GARDEN-FRESH VEGETABLES .....                                    | \$2.77 |
| JASMINE RICE or CREOLE RICE .....                                | \$1.96 |
| JACK'S ONE POUND LOADED BAKED POTATO .....                       | \$2.98 |
| A one-pounder with butter, sour cream, Cheddar cheese and bacon. |        |
| BAKED BEANS .....  | \$1.69 |
| COLE SLAW .....  | \$1.69 |

## wet stuff

|  |        |
|--|--------|
| SODAS .....  | \$2.29 |
| BOTTLED WATER - EVIAN. ....  | \$1.98 |
| RED BULL or SUGAR-FREE RED BULL .....  | \$3.24 |
| SPECIAL SODAS .....  | \$2.38 |
| Vanilla or Cherry Cola, IBC Root Beer, IBC Cream Soda.                                     |        |
| JACK'S ADES .....  | \$2.79 |
| Freshly squeezed Lemonade, Limeade, Orangeade and Cranberry Lemonade, sparkling with soda. |        |
| ULTRA THICK SHAKES .....   | \$3.74 |
| Vanilla, Chocolate, Strawberry, Oreo Cookie Milkshake.                                     |        |
| JACK'S ORIGINAL LEMON CONCOCTION .....   | \$3.74 |
| A unique and refreshing shake made with fresh lemon and French Vanilla ice cream.          |        |
| VIRGIN COCKTAILS. ....   | \$3.26 |
| Ask your server to make your favorite cocktail a virgin.                                   |        |

## JUNIOR MENU

FOR AGES 12 AND UNDER. ALL MEALS COME WITH A CHOICE OF BAKED POTATO, HOUSE SALAD, CAESAR SALAD, FRIES OR VEGETABLES. ALSO COMES WITH A KIDS' SIZE SODA AND KIDS' COOKIE.

|   |        |   |        |
|---|--------|---|--------|
| <b>JUNIOR CLASSIC BURGER</b> .....  | \$4.99 | <b>GRILLED CHEESE SANDWICH</b> .....  | \$3.99 |
| Lightly seasoned, fresh ground beef burger, grilled and served on a toasted kaiser. |        | Cheddar cheese melted between butter-brushed grilled bread.   |        |
| <b>MAC AND CHEESE</b> .....   | \$4.49 | <b>KIDS' PIZZA</b> .....  | \$4.97 |
| Kraft macaroni and cheese.  |        | Crisp pizza crust topped with tomato sauce and Mozzarella cheese.   |        |
| <b>CLASSIC FISH AND CHIPS</b> .....   | \$4.97 | Pizza toppings 49¢ each.  |        |
| White fish fillet dipped in a crunchy batter and cooked golden brown.               |        | Options:  |        |
| <b>JACK'S FRESH-NEVER-FROZEN CHICKEN TENDERS</b> ....                               | \$4.97 | <ul style="list-style-type: none"><li>• Pepperoni</li><li>• Bacon</li><li>• Grilled Chicken</li><li>• Peppers (Mixed or Jalapeño)</li><li>• Tomatoes (Sun-dried or Plum)</li><li>• Mushrooms</li><li>• Mozzarella</li></ul> |        |
| Fresh chicken strips breaded to order. Served with dipping sauce.                   |        |   |        |
| <b>KIDS' STEAK</b> .....  | \$5.97 |   |        |
| A fresh grilled 5 oz. USDA Choice Sirloin.  |        |   |        |
| <b>KIDS' PASTA</b> .....  | \$4.49 |   |        |
| Penne noodles in a tomato cream sauce.  |        |   |        |



TAXES NOT INCLUDED • SOME MENU ITEMS MAY CONTAIN NUTS

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We recognize that health and safety are important concerns for our guests. If you have an allergy or sensitivity, please let your server know. We do not assume responsibility for a particular sensitivity or allergy to any food provided at our restaurants. We cannot control or eliminate the possibility of cross-contamination in our kitchens or products supplied to us by our suppliers. If you have any questions or concerns, please speak to the Manager.